AS SEEN ON



Sesame, Tomato, & Cucumber Salad

Serves: 6

Total Time: 10 min

Ingredients

1 pound tomatoes, thinly sliced crosswise

1/2 cup thinly sliced cucumber

1 tablespoon soy sauce

1 tablespoon rice vinegar

2 teaspoons olive oil

1 1/2 teaspoons granulated sugar

2 medium scallions, dark green parts only, thinly sliced

1 medium or jalapeno chile, thinly sliced crosswise

2 teaspoons toasted sesame seeds

1/4 teaspoon sea salt

1/4 teaspoon black pepper

Directions

Arrange tomato and cucumber slices on a platter. Whisk together soy sauce, vinegar, olive oil, and sugar in a small bowl until sugar dissolves. Drizzle 2 tablespoons of dressing over tomatoes and cucumbers, and top with scallions, chile, and sesame seeds. Sprinkle with salt and pepper. Serve immediately with remaining dressing – especially good with crusty, whole grain bread!